

How UCP Can Help

Today, we provide support for over 300 adults with cerebral palsy and other developmental disabilities. We also support over 800 families of children who have cerebral palsy and related disabilities.

Our Services:

- ◆ Community Inclusion
- ◆ Brokerage Services
- ◆ Supported Living
- ◆ Family Support
- ◆ Supported Employment
- ◆ Advocacy
- ◆ Information & Referral

Go confidently in the direction of your dreams. Live the life you have imagined.

- Henry David Thoreau

DID YOU KNOW?

People with disabilities represent:

- 20 percent of the U.S. population (52 percent of the 65+ population);
- \$1 trillion of the consumer market with \$220 billion in disposable income;
- An engaged and connected market – 51 percent go online frequently;
- An underutilized labor force - 2/3 of people with disabilities who are unemployed want a job;
- A significant untapped voting block.

- from the UCP National Website ucp.org

We Are More Than Our Name

United Cerebral Palsy (UCP) of Oregon & SW Washington offers individualized supports, information & referral, and advocacy for adults, children and families with cerebral palsy and other developmental disabilities.

Our mission is to advance the independence, productivity, and full citizenship of people with disabilities.

Since 1955, we have been committed to continuously improving supports for people experiencing developmental disabilities, and to discovering new ways to assist all individuals to lead meaningful and fulfilling lives, full of personal choice, that are rich in community experiences and relationships.

What is a Developmental Disability?

A Developmental Disability is a lifelong condition attributable to a broad spectrum of mental or physical impairments.

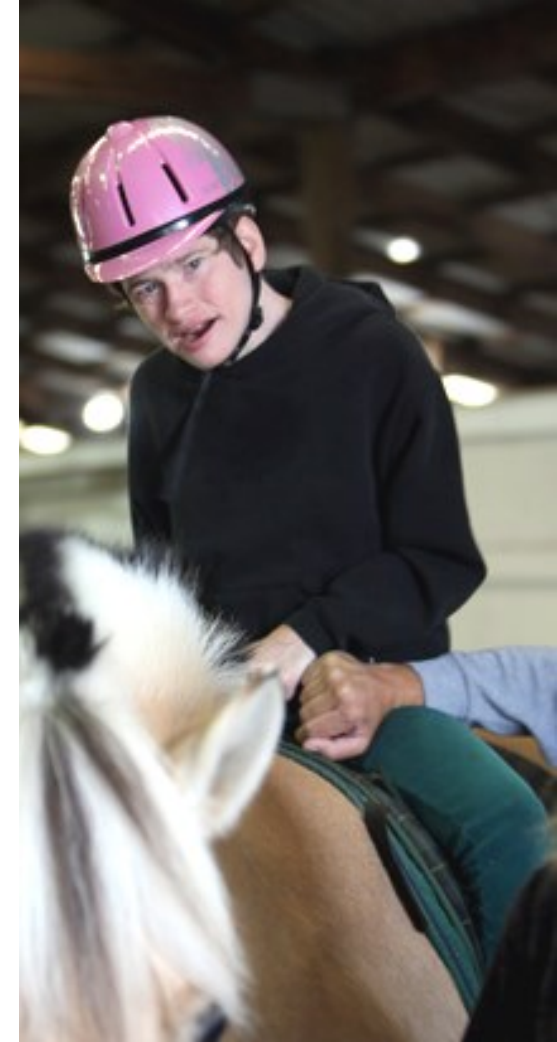
For example: cerebral palsy (CP) is a condition affecting movement and muscle coordination. It is caused by damage to areas of the brain, usually occurring during fetal development, birth, or infancy. CP may affect muscle tone, walking, movement, sensation, perception, ability to learn, sight, hearing or speech. It can cause spasms, involuntary movement and seizures.

United Cerebral Palsy of Oregon & SW Washington

305 NE 102nd Avenue, Suite 100
Portland, OR 97220
Phone: 503.777.4166 Fax: 503.771.8048
www.acommunityforeveryone.org

UNITED CEREBRAL PALSY OF OREGON & SW WASHINGTON
our services

LIFE WITHOUT LIMITS



Community Inclusion

Choices provides individual support to adults with developmental disabilities so they may participate in community-based recreation, leisure, education, or pre-employment activities.

UCP positively affects the lives of the individuals we support through community integration and inclusion. We foster a sense of independence and promote self-confidence. We aim to provide resources and present options to live full and meaningful lives.

Services Include:

- ◆ Community-Based Activities
- ◆ Activities Based on Individual Choice
- ◆ Goal Setting/Goal Achievement Support
- ◆ Individual Activity Fund Management
- ◆ Group Outings & Recreational Activities
- ◆ Dedicated Staff

Brokerage Services



UCP Connections

UCP Connections is a Support Services Brokerage serving adults who experience a developmental disability. Brokerage services assist eligible individuals to get the support they need to meet their daily and lifelong goals. We serve people who live in Multnomah or Clackamas County. Our customers receive state and Medicaid funds to purchase the supports they need.

Services Include:

- ◆ Case Management
- ◆ Person-Centered Planning
- ◆ Advocacy
- ◆ Fiscal Intermediary Services
- ◆ Resource Connection & Referral
- ◆ Crisis Support
- ◆ Training, Education & Technical Assistance

Supported Living

Supported Living provides daily living assistance, including live-in care, to support adults experiencing developmental disabilities to live in their own homes as independently as possible. All of our supports are customized to meet each person's individual needs and preferences.

This service option is available to adults 18 years of age or older who are receiving developmental disability services through a county developmental disability program or local brokerage (state and federal funded). Funding is necessary for participation and may also be provided through third party insurance, trust funds and private sources.

Services Include:

- ◆ Medical Supports
- ◆ Financial Supports
- ◆ Support in the Home
- ◆ Housing Relocation Assistance
- ◆ Community Involvement
- ◆ Vacation Planning Assistance
- ◆ Education Planning Assistance

Family Support

The *Family Support* Department focuses on serving the welfare of the entire family that has a child living with a developmental disability. The Family Support Department has always been led by a parent of a child who is experiencing cerebral palsy. So, when you call, you know you will be speaking with a parent who understands exactly what you are going through first hand.

Services Include:

- ◆ Information & Referral
- ◆ Respite & Date Night
- ◆ Equipment Funding
- ◆ Support Groups & Family Outings
- ◆ Quarterly Newsletter, Training & Education
- ◆ Bi-Annual Conference

Supported Employment



Employment Solutions assists qualified job seekers who experience a developmental disability to connect with employers who value what they bring to the workplace. We support individuals to find, secure, and keep employment. All jobs are integrated and pay competitive wages.

Our job seekers drive every step of the job-seeking process. When an individual receives Employment Solutions services, they have essentially hired a team of professionals and advocates who will work for and with them until successful employment has been achieved. We believe a successful job placement is not necessarily defined by how long a new employee stays at a job, but by his or her satisfaction with the job they have secured.

Services Include:

- ◆ Skills, Talent & Interest Assessment
- ◆ Resume Building/Business Letter Writing
- ◆ Application Completion Assistance
- ◆ Interview Preparation & Scheduling
- ◆ Job Shadowing
- ◆ Volunteer Assistance
- ◆ Community-Based Employment

